

HEALTHY LIVING LSP THEMATIC GROUP

6th July 2011

Committee Rooms, Brentwood Town Hall

1. Present:

Dr Kishor Padki (Chair) [KP]	NHS South West Essex
Susan Allen	Extended Schools Co-ordinator
Debbie Elam	South West Essex PCT
Susan Lilley [SL]	Extended Schools Services
Scott Prestedge [SP]	Brentwood Borough Council
Glyn Pritchard [GP]	NHS South West Essex
Sharon Wilde [SW]	Rethink

Apologies:

Cllr Margaret Brehaut [MB]	Brentwood Borough Council
Jo Cory [JC]	Brentwood Borough Council
Hannah Cridford [HC]	SE Partnership
Trudy Frost [TF]	Brentwood Borough Council
Cllr Roger Hirst [RH]	Brentwood Borough Council
Ian Jorysz [IJ]	Churches Together
Emma Narbutas [EN]	NHS
Liz Andrew-Turner	NHS

2. Minutes of the Previous Meeting 06.04.11

The minutes were agreed as a true and accurate record. There were no matters arising not elsewhere in the minutes.

3. LSP Executive Group Update

Following the last meeting of the LSP Executive Group in May, an options paper has been developed and distributed to all LSP Executive members for consideration regarding the future of the Brentwood LSP. At the next meeting on July 7th, members will discuss the options paper which lays out four possible options, each of which are accompanied by relevant pros and cons. The four options highlighted are as follows:

- 1) The Brentwood LSP continues to meet in its current form.
- 2) The Brentwood LSP considers merging with other LSP
- 3) The Brentwood LSP ceases to meet and is not replaced by anything locally.
- 4) The Brentwood LSP is replaced by a Localism Forum for Brentwood.

The options paper recommends the Executive Group select option 4 in light of the current localism agenda. KP stressed the importance of maintaining this group's activities in whatever form the LSP takes moving forward. A further update will be provided at the next meeting.

4. Brentwood Community Hospital

Debbie Elam provided the following update regarding Brentwood Community Hospital:

Capital works

- Final drawing should be available week commencing the 11th of July and will be sent to a nominated JAG representative for final comment on suitability.
- A number of comments have been made on earlier designs and a healthcare planner engaged by the architects has recommended that the Endoscopy and minor ops suite should be a combined treatment room which will allow creation of better supporting accommodation. Two independent clinical views have been obtained on the suitability of this arrangement and is supported.
- When final drawings are available these will be shared with the LLP.
- Delay in finalising plans has now moved scheme completion date to the end of November/December 2011.

Outpatient Pathways redesign

- Discussions have occurred with GP and Consultant leads for virtually all of the 15 specialties in this project.
- First draft existing and suggested revised pathways have again been completed for approximately 80% of specialties although at this stage the pathways are in a variety of formats.
- Specialty leads have been asked to have pathways in a suitable format to begin to discuss and share from middle of July onwards.
- A paper has been prepared for the August meeting of the CEC on the proposed expansion of the Haematology Rapid Advice Service to remaining practices in South West Essex with a consequential increase in Dr Hughes sessional commitment.

AQP exercise for locality based Endoscopy services

- There were 13 expressions of interests received by the required closing date.
- The closing date for the submission of the required documentation for assessment as a Qualified Provider is the 14th July. Following which the evaluation process and premises visits commences, with the aim of confirming nominated providers by the end of August.
- Expressions of interest were received from 3 of the local Acute Trusts – BHRT, BTUH and SUHFT.

General points

- The LLP has I understand received a copy of the briefing note outlining the various work streams in progress at BCH which was prepared for the PCT QIPP Escalation Board meeting on the 16th of June.

KP thanked DE for her presentation and proposed that DE attends meetings of the LSP Executive group in the future as a direct link and representative of local GPs.

ACTION: KP to propose DE joins the LSP Executive Group meetings in the future as a representative for Brentwood GPs.

5. **New Health & Wellbeing Landscape**

Various consultations have taken place over recent months, at present the Public Health White Paper and the Health & Social Care Bill are being amended as a result of the consultation process. Health & Wellbeing Boards currently exist in shadow form at County Level; predicted timelines expect these to be fully operational by 2013. SHAs are also working towards a deadline of 2013 with 4 clustered SHAs to be put in place across Essex. Clinical commissioning groups will be lead by GPs with local authorities taking the lead in Health Locality Boards. Many structures are still to be finalised and put in place, future arrangement will become clearer as we move into 2012.

6. **Teenage Pregnancy Figures**

GP provided those present with several hands outs relating to teenage conception rates in Brentwood and the wider Essex area, the latest figures available refer to 2007-2009 three year grouping. Figures show Brentwood to have the lowest percentage rate of conception leading to abortion in the Essex area. Unfortunately due to the nature of the data collection, no current figures are available for comparison at a Brentwood level. The group noted that the Hermit drop in clinic service became available in Brentwood from 2007; it would be interesting to see the impact of its closure on conception rate figures over the last six months. GP informed the group that at present efforts are ongoing to re-commission the clinic, currently the service is going out to tender. The procurement process for the service is likely to take 3-4 months; the former service provider is not expected to deliver the service. KP stressed that the figures are re-assuring; however constant engagement and support are needed to maintain low figures. All members showed strong support for re-commissioning of The Hermit and recognised the importance of the support it has provided in the past. DE agreed to put this issue on the next agenda of the Brentwood GP Consortia group; SA felt access to a GP on a weekly basis would be key to supporting the service.

ACTION: The group formally record their support for the re-commissioning of the Hermit.

7. **Healthy Living Projects**

JC was not present to give an update.

8. **Any Other Business**

(a) Teenage Self Harm & Eating Disorders

This item was raised on behalf of Cllr Roger Hirst. In the last 4 months there has been a dramatic spike in self harm incidents in the local area, there has also been a large increase in eating disorders in children as young as primary school age. SA commented on the high level of concern being shown by schools; of the 120 referrals SA has dealt with over the last few months, a third has involved elements of self harm. 15 facilitators have been trained to provide extra support to self harming individuals and their families. Where eating disorders come under the umbrella of self harm, the facilitators will also be available to provide support. SA has seen some worrying trends with regards to the increased amount of early intervention cases; this could translate into an increased

amount of incidents at a more serious level. SA has also funded the training of school nurses on the facilitator courses to improve the level of support available at schools. At present there has been no input from the youth service.

ACTION: KP to provide SL with a list of school nurses and locality leads for Brentwood.
KP/GP to obtain figures/trends regarding self harm and eating disorders.
SW to e-mail SP eating disorder support information.

10. Future Meetings

- Wednesday 5th October, 10-12 am, Committee Rooms, Brentwood Town Hall.

Actions Log

Actions Carried Over

- 1) SP to update group action plan and distribute.
- 2) SP to investigate uploading digital version of Brentwood Breast Feeding Guide to Council website.
- 3) KP to produce diagram of Health & Wellbeing Board's organisational structure.

New Actions

- 4) KP to propose DE joins the LSP Executive Group meetings in the future as a representative for Brentwood GPs.
- 5) The group formally record their support for the re-commissioning of the Hermit.
- 6) KP to provide SL with a list of school nurses and locality leads for Brentwood.
- 7) KP/GP to obtain figures/trends regarding self harm and eating disorders.
- 8) SW to e-mail SP eating disorder support information.